



Ohhh, yeahhh!!!

In honor of one of the most popular drinks of all time, last weekend I cooked up some KOOL treats that put an excellent exclamation point on the end of summer.

Just in case you don't know, Kool-Aid was invented in Hastings, Neb. (my home away from home during college), and Saturday was their annual Kool-Aid Days celebration. For just two bucks you can buy a cup that gives you unlimited access to the world's largest Kool-Aid stand.

If that wasn't enough Kool-Aid for you, there's also appearances by Kool-Aid Man, Kardboard boat races and the Kwickest Kool-Aid drinking contest.

This year is Kool-Aid's 85th birthday. The sweet, colorful drink was invented by Edwin E. Perkins in 1927 in his factory on First Street in Hastings. Kool-aiddays.com boasts Perkins created the first powdered soft drink mix to be sold nationally in stores through wholesalers, packaged in envelopes printed by Perkins himself.

I'm Just Cookin'

Written by Darci Tomky



Ingredients: 1/2 cup Kool-Aid Cherry Unsweetened Soft Drink Mix, 1/2 cup water, 1/2 cup sugar, 1/2 cup frozen fruit (strawberries, blueberries, raspberries, or blackberries).

Instructions: 1. Pour about 1/2 cup water into a pitcher. 2. Add 1/2 cup Kool-Aid Cherry Unsweetened Soft Drink Mix. 3. Stir until the mix is completely dissolved. 4. Add 1/2 cup sugar and 1/2 cup frozen fruit. 5. Stir until the sugar is completely dissolved. 6. Pour into glasses and serve.

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