

Nov. Meet & Eat Menu

Written by Holyoke Enterprise

Thursday, Nov. 1—Ham and beans, pineapple coleslaw, corn bread, apricot halves.

Friday, Nov. 2—Swiss steak, oven-browned potatoes, Italian vegetables, bran muffin, banana.

Monday, Nov. 5—Swedish meatballs, mashed potatoes, stir-fry vegetables, whole wheat roll, pear slices.

Tuesday, Nov. 6—Baked fish with tartar sauce, baked potato, Carolina salad, roll, peach slices.

Wednesday, Nov. 7—Cabbage burger, zucchini tomato bake, fruit cup, chocolate chip cookie.

Thursday, Nov. 8—Spring garden chicken, carrot coins, whole wheat roll, winter fruit cup.

Friday, Nov. 9—Pot roast with vegetables, peas, Anna's dilly bread, pineapple/mandarin orange compote.

Monday, Nov. 12—Salmon loaf with cheese sauce, broccoli rice casserole, bran muffin, peach slices, nature cookie.

Tuesday, Nov. 13—BBQ pork chops, scalloped potatoes, peas and carrots, rye bread, pear slices.

Wednesday, Nov. 14—Tuna croissant, potato soup supreme, apricot halves, raisin cookie.

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Thursday, Nov. 15—Oven-fried liver, oven-browned potatoes, stewed tomatoes, whole wheat roll, applesauce, brownie.

Friday, Nov. 16—Tahitian chicken, brown rice, stir-fry vegetables, roll, winter fruit cup, raisin cookie.

Monday, Nov. 19—Beef and noodles, cauliflower and peas, apple carrot raisin salad, onion roll, plums.

Tuesday, Nov. 20—Shepherd's pie, tossed salad with dressing, French bread, winter fruit cup.

Wednesday, Nov. 21—Turkey with dressing, gravy, yam apple bake, spinach/mandarin orange salad, cranberry sauce, pumpkin cookie.

Thursday, Nov. 22—Thanksgiving Day.

Friday, Nov. 23—Hot beef sandwich, broccoli salad, country mix vegetables, peach crisp.

Monday, Nov. 26—Chicken pot pie, marinated vegetable salad, cherry banana surprise, honey apple cake.

Tuesday, Nov. 27—Lasagna, tossed salad with dressing, peas, garlic bread, applesauce.

Wednesday, Nov. 28—Beef stew, cottage cheese, tomato slices, corn bread, orange.

Thursday, Nov. 29—Savory baked chicken, baked sweet potato, winter mix vegetables, bran

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muffin, apricot halves.

Friday, Nov. 30—Soft shell tacos, refried beans, Mexicali corn, fruit cup.

The meal is served each day at noon in the large community room at SunSet View. Please make reservations and cancellations no later than 8 a.m. the day of the meal. Call 854-2646 and leave a message for reservations or cancellations.

Holyoke Enterprise October 25, 2012