

Workshop to focus on grieving process

Written by Holyoke Enterprise

Hospice of the Plains is sponsoring a workshop to help people who have seen a grieving friend hurting badly and didn't know what to say or do to be helpful.

This program will increase one's understanding of the grief process and give ideas on how to meaningfully and practically express care and support.

It is scheduled for Sunday, Nov. 10 from 2-3:30 p.m. at the Wray Senior Center.

For the full article, call 970-854-2811 for more information about setting up an e-Subscription.

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