Local master gardener Lisa Brewer, along with Golden Plains Area Extension Agent Linda Langelo, will be offering a class entitled "Powerful Pumpkins and Super Squash" as part of their on-going series of home gardening classes.

Class will be held at Old Town in Burlington Saturday, Nov. 7 from 10 a.m.-noon. Those attending the class may enter the facility at the west gate (the old Emporium entrance) between 9:30-10 a.m. After that, attendees will need to go to the new entrance on the east side of Old Town.

The class is free to anyone interested in raising their own vegetables and fruit. Joy Akey, Extension Agent from Yuma County, will be there with lessons on the proper way to preserve the bounty from the next pumpkin and squash harvest.

Squash and pumpkin are nutrient dense and calorie thrifty vegetables that should be utilized more often in healthy diets. Recipes will be available to get those attending started on adding squash and pumpkin to their meals.

For more information on this or any other classes being offered, please contact Lisa Brewer at 719-346-8828.

Perhaps no family of plants is more fun and rewarding to grow than pumpkin and squash. The variety of pumpkins and squash is amazing. Their colors and shapes are interesting and even a bit artistic in the garden. The vines are fast and aggressive and require no great skills on the part of the gardener as long as a few simple rules are followed.

The ins and outs of raising pumpkins and squash will be discussed in the Nov. 7 class. Attendees will learn about heirloom varieties and new ones; raising them in large gardens or in smaller spaces, with trellising tricks.