

Swimmers dive into three competitions

Written by Brenda Johnson Brandt

HHS swimmers on the Sterling HS swim team competed in Windsor, Scottsbluff and Valley heading into the holiday break.

League relays were held at Windsor Saturday, Dec. 12, with a dual at Scottsbluff, Neb. Monday, Dec. 14 and a dual at Valley Thursday, Dec. 17.

Many were missing from the Dec. 12 meet due to ACT testing conflicts. But the Sterling team still managed a fifth-place finish.

Holyoke coach Adria Colver noted the 400 freestyle relay is working towards turning in a state-qualifying time. The team has just over two seconds to slash to make the cut.

That 400 free relay, including HHS swimmer Jordan Zeiler, placed second in the league relays.

Zeiler also competed on the fourth-place 200 medley relay team and fourth-place 200 free relay.

Zeiler and Pamela McWilliams were both members of the sixth-place 200 back relay, and McWilliams swam on the fourth-place 400 medley relay.

Other HHS swimmers in the league relay meet were Briar Bergner and Brandi Orand.

Zeiler was the only HHS swimmer who wanted to go to Scottsbluff Dec. 14, due to the pressure of finals week. Scottsbluff had a strong, large team and dominated Sterling 116-63.

Zeiler swam very well, noted coach Colver. Individually, she finished third in the 100 back and fourth in the 200 free. In relay competition, she was a member of the first-place 200 free relay and the third-place 200 medley relay.

Swimmers dive into three competitions

Written by Brenda Johnson Brandt

Sterling suffered a close loss at Valley, as the Vikings took the 89-80 dual win. Only four HHS swimmers made the trip, including Zeiler, McWilliams, Nicole Brandt and Amy Krogmeier.

“I felt they were somewhat tired, and some had colds,” said coach Colver. “Still, it was a good practice,” she added.

Zeiler placed fifth in the 50 free and Krogmeier nabbed fifth in the 100 freestyle event. Zeiler also competed on the first-place 200 free relay and the second-place 200 medley relay.

Zeiler, even swimming while sick, is swimming at the level she performed at conference a year ago, as is Krogmeier, noted Colver.

McWilliams has dropped considerable time in the 100 butterfly since this time last year, and Brandt tried the 200 free and looked good, said Colver.

The girls worked on finishes and breathing, Colver pointed out. “Overall, they’re in a good place prior to the holidays.”

Colver said she hopes they get in some water time on their own over the holidays to maintain endurance and skills.

The swim team jumps right back into competition on the first day back from break, as they travel to Skyline Tuesday, Jan. 5 for a dual.