

Swimmers compete twice in Windsor

Written by Holyoke Enterprise

HHS swimmers on the Sterling Swim Team competed at the Tri Valley League Relays in Windsor Thursday, Dec. 9 and returned to the same pool for a dual meet Thursday, Dec. 16.

After a holiday break, the swimmers return to competition Thursday, Jan. 6, hosting Northridge in a dual in Sterling. The Greeley Invite is scheduled Saturday, Jan. 8.

Coach Adria Colver said everyone is improving and doing well. They're using these meets as fast practice since the local swimming pool is down for repairs.

Coach Colver was especially pleased with Amy Krogmeier's 1st-place finish in the 100 back in the dual meet Dec. 16.

Colver said they discussed her race strategy before the event, and she followed it just right. She took out extremely fast and held the lead through the whole race. Krogmeier also finished 4th in the 100 free.

Additionally, Pam McWilliams was praised by Colver, as she took three seconds off her 200 free race time to place 5th. She also finished 4th in the 500 free.

Briar Bergner won 4th in the 200 individual medley; Malena McWilliams, 5th in 200 individual medley and 6th in 100 breaststroke; and Brandi Orand, 6th in 100 backstroke. Also competing was Katlin Davis.

In relay competition at the Dec. 16 dual, Krogmeier swam the backstroke on the 200 medley and also competed on the 200 free relay, both taking 2nd. Pam McWilliams and Bergner were members of the 3rd-place 400 free relay.

Teamwise, Sterling placed 6th overall in the relay meet Dec. 9.

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Pam McWilliams and Krogmeier swam on the 5th-place 400 free relay; Krogmeier, start-off backstroke on the 5th-place 200 medley relay; Malena McWilliams and Davis, 5th place 200 backstroke relay; Krogmeier, 6th-place 200 butterfly relay.

Bergner and Malena McWilliams, 6th-place 200 breaststroke relay; Pam McWilliams and Malena McWilliams, 6th-place 500 free relay; and Orand and Davis, 7th-place 200 free relay.

Coach Colver noted Pam McWilliams organized a fund raising effort for the local swimmers at the Dec. 11 Holyoke Wrestling Tournament. They sold breakfast burritos and raised enough money to pay for their team swimsuits.