

HHS track continues to improve at Berthoud meet

Written by Kyle Arnoldy

Members of the HHS track and field team faced stiff competition over the weekend as they traveled to the Max Marr Spartan Classic in Berthoud Saturday, April 13.

Of the 23 schools in attendance at the meet, Holyoke represented one of just four teams who compete at 2A or a lower classification. The majority of the competition was from 4A and 5A schools.

Coach Luke Thomas explained the importance of competing at these larger meets with larger schools as it pushes and elevates the performance of the Holyoke athletes.

“A lot of the kids had personal records or season bests, so even though they didn’t place, they still had some fantastic times,” Thomas said.

In fact, individuals set either personal records or season bests 21 times during the meet. The girls’ 4x800 meter relay and the boys’ 4x100 and 4x200 meter relays each had their best times of the season as well.

Thomas is especially pleased with how relay teams are performing.

“Those guys are going to look pretty good,” Thomas said of the boys 4x100 and 4x200 meter relay teams. “Hopefully both of those teams can make a push to go to state.”

Jacinda Krueger had a standout day for the Dragons. Her eighth-place finish in the 100-meter dash, :13.79, scored the only point for Holyoke on the day.

Krueger was also very close to placing in the top eight spots in the 300-meter hurdles as well. Her time of :55.00 was just :0.73 slower than the runner who finished in the eighth spot.

HHS track continues to improve at Berthoud meet

Written by Kyle Arnoldy

Edgar Cruz's time of :56.51 in the 400-meter dash was within a half a second of placing as well.

Thomas also noted that many of the younger girls on the team were beginning to hit stride.

"We have a lot of young freshmen runners who are trying to find their niche, but we definitely have some that contribute to the relays and help with times," Thomas said.

The weather has been the biggest distraction for the team. Meets have been frequently postponed and practices have been moved indoors to avoid the snow.

"It's been difficult trying to keep focused," Thomas said. "Running inside, you can get shin splints and sore joints and muscles. We just have to play with what the weather gives us."

Upcoming action

Weather caused cancellation of the Combs-Schulz Invite which was scheduled in Wray Thursday, April 18.

The Dragons are still scheduled to travel to the Akron Invitational Saturday, April 20.

HHS track continues to improve at Berthoud meet

Written by Kyle Arnoldy

Holyoke Enterprise April 18, 2013