

HHS football team turns workouts into competition

Written by Kyle Arnoldy

Summer workouts are often an important step for any football team hoping to make an impact in the fall season. With that in mind, Holyoke coach John Zilla presented his players with a competition serving as an incentive to spend as much time as possible in the weight room.

The competition pitted teammates against each other to see what team would spend the most time working out in the weight room.



Team Get Big won the HHS football team weight room competition over the summer. Team members are pictured from left, front row, Taylor Mayden, Marques Harvey, Bradley Cumming and Tyler Camblin; and back row, Brendan Kage, Andrew Kent, Trevor Dalton and Nathan Miles along with Wyatt Powell from Team Big-E-Small who is recognized as the only HHS player to attend every workout session. —Enterprise photo

Seniors were split into four teams and proceeded to draft underclassmen to join their team. Assistant coaches Nic Balog and Cutter Garrison dressed for the occasion in suits as they handled commissioner responsibilities for the draft.

With practices officially beginning Monday, Aug. 12 for the football players, Team Get Big has been crowned champion of the weight room competition.

HHS football team turns workouts into competition

Written by Kyle Arnoldy

Read the full story! Call the Enterprise about an e-subscription at 970-854-2811.

Holyoke Enterprise August 15, 2013