

## **School Menu**

Written by Holyoke Enterprise

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### **Aug. 27-31**

#### **Elementary Breakfast**

Monday, Aug. 27: Breakfast burrito or cereal choice with yogurt, fruit cocktail, milk.

Tuesday, Aug. 28: Ham and cheese muffin or muffin choice, pears, milk, juice.

Wednesday, Aug. 29: Sausage biscuit with gravy or cereal choice with cheese stick, peaches, milk.

Thursday, Aug. 30: Breakfast burrito or bagel with toppings, cinnamon apple slices, milk, juice.

Friday, Aug. 31: Pancakes with syrup or muffin choice, pineapple, milk.

#### **Elementary Lunch**

Monday, Aug. 27: Beef and bean burrito, seasoned corn, fruit and veggie bar, milk.

Tuesday, Aug. 28: Breaded chicken patty, brown rice, seasoned green beans, fruit and veggie bar, milk.

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Wednesday, Aug. 29: Toasted cheese on whole wheat, seasoned broccoli, fruit and veggie bar, milk.

Thursday, Aug. 30: Savory beef and brown gravy, dinner roll, mashed potatoes, fruit and veggie bar, milk.

Friday, Aug. 31: Whole grain pizza dunkers with cheese and sauce, fresh steamed baby carrots, fruit and veggie bar, milk.

### JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar with cheese stick, cereal choice with cheese stick or muffin/bagel of the day, milk, juice (Tuesday and Thursday only).

### JR/SR High Lunch

Monday, Aug. 27: Beef and bean burrito, seasoned corn, fruit and veggie bar, milk.

Tuesday, Aug. 28: Beef nachos with cheese, brown rice, seasoned green beans, fruit and veggie bar, milk.

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Wednesday, Aug. 29: Toasted cheese on whole wheat, seasoned broccoli, fruit and veggie bar, milk.

Thursday, Aug. 30: Savory beef and brown gravy, dinner roll, mashed potatoes, fruit and veggie bar, milk.

Friday, Aug. 31: Pizza dunkers with cheese and sauce, fresh steamed baby carrots, fruit and veggie bar, milk.

Holyoke Enterprise Aug. 23, 2012