

## School Menu

Written by Holyoke Enterprise

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### **Dec. 17-21 — Elementary Breakfast**

Monday, Dec. 17: French toast sticks or cereal with string cheese, fruit, milk.

Tuesday, Dec. 18: Breakfast burrito or fruit muffin with graham cracker, fruit, milk, juice.

Wednesday, Dec. 19: Sausage and cheese bagel or bagel with toppings, fruit, milk.

Thursday, Dec. 20: Pancake with syrup or cereal with yogurt, fruit, milk, juice.

Friday, Dec. 21: Breakfast burrito or fruit muffin with string cheese, fruit, milk.

### **Elementary Lunch**

Monday, Dec. 17: Chicken enchiladas, Mexican style black beans, seasoned corn, salad bar, milk.

Tuesday, Dec. 18: Macaroni and cheese, whole wheat dinner roll, green beans, salad bar, milk.

Wednesday, Dec. 19: Chicken fajita, Mexican style black beans, seasoned carrots, salad bar, milk.

Thursday, Dec. 20: Open-faced turkey sandwich, mashed potatoes with gravy, seasoned

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broccoli, salad bar, milk.

Friday, Dec. 21: Sack lunch: Peanut butter and jelly sandwich, baked chips, fruit and vegetables, snack, milk or juice.

### JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

### JR/SR High Lunch

Monday, Dec. 17: Chicken enchiladas, Mexican style black beans, seasoned corn, salad bar, milk.

Tuesday, Dec. 18: Macaroni and cheese, whole wheat dinner roll, green beans, salad bar, milk.

Wednesday, Dec. 19: Chicken fajita, refried beans, seasoned carrots, salad bar, milk.

Thursday, Dec. 20: Open-faced turkey sandwich, mashed potatoes with gravy, seasoned broccoli, salad bar, milk.

Friday, Dec. 21: Sack lunch: Peanut butter and jelly sandwich, baked chips, fruit and vegetables, snack, milk or juice.

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Holyoke Enterprise December 13, 2012