Feb. 1-8

Elementary Breakfast

Friday, Feb. 1: Egg and cheese muffin or cereal with string cheese, fruit, milk.

Monday, Feb. 4: Breakfast burrito or cereal with yogurt, fruit, milk.

Tuesday, Feb. 5: Pancake with syrup or fruit muffin with graham cracker, fruit, milk, juice.

Wednesday, Feb. 6: Breakfast on a stick or cereal with cheese stick, fruit, milk.

Thursday, Feb. 7: Ham and cheese muffin or bagel with toppings, fruit, milk, juice.

Friday, Feb. 8: Breakfast burrito or fruit muffin with yogurt, fruit, milk.

Elementary Lunch

Friday, Feb. 1: Cheese pizza, garlic twist, seasoned cauliflower, salad bar, milk.

Monday, Feb. 4: Pork sausage, French toast sticks, hash brown patty, salad bar, milk.

Tuesday, Feb. 5: Beef taco pie, tortilla shell rounds, beets, salad bar, milk.

Wednesday, Feb. 6: Open-faced BBQ pork, rice and beans, tater tots, salad bar, milk.

Thursday, Feb. 7: Sloppy Joe, cinnamon bread stick, seasoned peas, salad bar, milk.

Friday, Feb. 8: BBQ rib on whole wheat bun, seasoned pasta, sweet potato fries, salad bar, milk.

JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

JR/SR High Lunch

Friday, Feb. 1: Grilled chicken ranch on whole grain bun, brown rice, seasoned cauliflower, salad bar, milk.

Monday, Feb. 4: Sausage links, French toast sticks, hash brown patty, salad bar, milk.

Tuesday, Feb. 5: Beef taco pie, fiesta rice, tortilla shell rounds, beets, salad bar, milk.

Wednesday, Feb. 6: Open-faced BBQ pork, rice and beans, tater tots, salad bar, milk.

Thursday, Feb. 7: Sloppy Joe, seasoned peas, cinnamon bread stick, salad bar, milk.

Friday, Feb. 8: BBQ rib sandwich, seasoned pasta, sweet potato fries, salad bar, milk.

Holyoke Enterprise January 31, 2013