

## School menu

Written by Holyoke Enterprise

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### April 8-12

#### Elementary Breakfast

Monday, April 8: Sausage and cheese muffin, breakfast burrito or bagel with toppings, fruit, milk.

Tuesday, April 9: Ham and egg bagel, breakfast on a stick or muffin with cheese stick, fruit, milk, juice.

Wednesday, April 10: Ham and cheese muffin, sausage gravy with biscuit or cereal with yogurt, fruit, milk.

Thursday, April 11: Egg and cheese bagel, cheesy scrambled eggs or bagel with toppings, fruit, milk, juice.

Friday, April 12: Sausage, egg and cheese bagel, breakfast burrito or breakfast bar, fruit, milk.

#### Elementary Lunch

Monday, April 8: Spaghetti with meat sauce, garlic bread stick, seasoned beets, salad bar, milk.

Tuesday, April 9: Glazed ham, scalloped potatoes, seasoned corn, salad bar, milk.

Wednesday, April 10: Hamburger, lettuce, pickles, tomatoes, seasoned carrots, salad bar, milk.

Thursday, April 11: Beef and brown gravy, mashed potatoes, roll, apple square, salad bar, milk.

Friday, April 12: Pepperoni pizza, cheesy garlic twist, french fries, salad bar, milk.

#### JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

#### JR/SR High Lunch

Monday, April 8: Spaghetti with meat sauce, garlic bread stick, seasoned corn, salad bar, milk.

Tuesday, April 9: Glazed ham, scalloped potatoes, seasoned corn, salad bar, milk.

Wednesday, April 10: Grilled chicken ranch on a whole wheat bun, baked beans, seasoned carrots, salad bar, milk.

Thursday, April 11: Savory beef and brown gravy, mashed potatoes, whole wheat roll, apple square, salad bar, milk.

Friday, April 12: Nachos with beef and cheese sauce, brown rice, seasoned carrots, salad bar, milk.

Holyoke Enterprise April 4, 2013