

## Sept. Meet & Eat Menu

Written by Holyoke Enterprise

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Monday, Sept. 3—Labor Day.

Tuesday, Sept. 4—Spring garden chicken, California vegetables, Frito salad, onion roll, banana split fruit cup.

Wednesday, Sept. 5—Beef and noodles, creamy coleslaw, bean medley, rolls, fresh fruit cup, lentil cookie with chocolate chips.

Thursday, Sept. 6—Chili with beans, Jeannie's salad, garlic cheese biscuits, fresh fruit cup.

Friday, Sept. 7—BBQ pork chops, oven-browned potatoes, Italian vegetables, ww roll, pineapple mandarin orange compote.

Monday, Sept. 10—Southern beef pie, beets, tossed salad with dressing, pear slices, lentil cookie with raisins.

Tuesday, Sept. 11—Braised beef, mashed potatoes, spinach cauliflower salad, rolls, fruit cup.

Wednesday, Sept. 12—Potato soup supreme, tuna croissant, bean medley salad, peach slices.

Thursday, Sept. 13—Chicken tetrazzini, stewed tomatoes, tossed salad with dressing, ww roll, watermelon, lentil cookies with raisins.

Friday, Sept. 14—Split pea soup, confetti coleslaw, cracker packet, banana.

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Monday, Sept. 17—Chicken noodle soup, peas, confetti coleslaw, blueberry muffin, plums.

Tuesday, Sept. 18—Roast turkey, mashed potatoes and gravy, spinach, bread dressing, Jeannie's salad, cranberry sauce.

Wednesday, Sept. 19—Taco casserole, salsa, tossed salad with dressing, corn, applesauce, lentil cookie with chocolate chips.

Thursday, Sept. 20—Baked fish with tartar sauce, broccoli rice casserole, mixed vegetables, orange muffin, fresh fruit cup.

Friday, Sept. 21—Beef stew, cottage cheese and pineapple, garlic bread, orange.

Monday, Sept. 24—Salmon fillet with dill sauce, parslid potatoes, mixed vegetables, orange muffin, Oregon berry mix.

Tuesday, Sept. 25—Soft shell tacos, Mexicali corn, fruit cup, lentil cookies with raisins.

Wednesday, Sept. 26—Spanish rice with ground beef, broccoli, ww rolls, pineapple mandarin orange compote.

Thursday, Sept. 27—BBQ beef sandwich, brussels sprouts, potato salad, fruit cup.

Friday, Sept. 28—Tahitian chicken, brown rice, oriental vegetables, raisin rolls, cantaloupe cubes, nature cookie.

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The meal is served each day at noon in the large community room at SunSet View. Please make reservations and cancellations no later than 8 a.m. the day of the meal. Call 854-2646 and leave a message for reservations or cancellations.

Holyoke Enterprise August 30, 2012