Rural Solutions is sponsoring an ASIST (Applied Suicide Intervention Skills Trainings) to be held in Sterling at the Ramada Inn Friday-Saturday, Sept. 27-28 from 8 a.m.-4:30 p.m. each day.

This training provides practical training for caregivers such as school employees, human services workers, clergy, law enforcement, health care providers, emergency service employees and community nonprofit employees to intervene during the immediate risk of suicide.

Most people considering suicide share their distress and their intent. Training can help caregivers see and respond to these invitations to seek help. It can give caregivers the confidence to ask about suicide when concerned about someone's safety by utilizing the suicide intervention model.

Deadline to register for this training is Thursday, Sept. 20. It is essential that participants attend both days of the training to increase their knowledge and confidence to respond to a person at risk of suicide.

There is a registration deposit per attendee to ensure attendance at both

days of the training. Those who attend both days will be refunded the deposit at the end of the second day. If this fee is cost prohibitive, please contact Rural Solutions.

The training is being funded by a grant from the Colorado Office of Suicide Prevention and will be the final training provided by this funding.

To register for this training or for questions, contact Maranda Miller at 970-526-3616 or at maranda.miller@rural-solutions.org.

Rural Solutions, located in Sterling, works to coordinate health and human services “needs assessment” and program development in 10 counties in Northeast Colorado. The agency receives funding from the Colorado Department of Public Health and Environment’s Office of Suicide Prevention to bring suicide prevention efforts into this region of the state.

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