Oct. 29-Nov. 2

Elementary Breakfast

Monday, Oct. 29: Breakfast burrito or bagel with toppings, baked apple slices, milk.

Tuesday, Oct. 30: French toast sticks or cereal choice with yogurt, peaches, milk, juice.

Wednesday, Oct. 31: Breakfast burrito or fruit muffin with graham cracker, sliced apples, milk.

Thursday, Nov. 1: Cheesy scrambled eggs or bagel with toppings, mandarin oranges, milk, juice.

Friday, Nov. 2: Egg and cheese muffin or cereal choice with string cheese, mixed fruit, milk.

Elementary Lunch

Monday, Oct. 29: Pork sausage, French toast sticks, hash brown patty, fruit and veggie bar, milk.

Tuesday, Oct. 30: Beef taco pie, fiesta rice, seasoned peas, fruit and veggie bar, milk.

Wednesday, Oct. 31: Chicken and cheese quesadilla, baked tater tots, fruit and veggie bar, milk.

Thursday, Nov. 1: Sloppy Joe meat, bread slice, sweet potato fries, fruit and veggie bar, milk.

Friday, Nov. 2: BBQ pork rib on a whole grain bun, seasoned peas, fruit and veggie bar, milk.

JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar with cheese stick, cereal choice with cheese stick or muffin/bagel of the day, milk, juice (Tuesday and Thursday only).

JR/SR High Lunch

Monday, Oct. 29: Pork sausage, French toast sticks, hash brown patty, fruit and veggie bar, milk.

Tuesday, Oct. 30: Beef taco pie, tortilla shell rounds, seasoned green beans, fruit and veggie bar, milk.

Wednesday, Oct. 31: Cheese quesadilla with salsa, baked tater tots, fruit and veggie bar, milk.

Thursday, Nov. 1: Sloppy Joe meat, whole wheat bun, sweet potato fries, fruit and veggie bar, milk.

Friday, Nov. 2: BBQ pork rib on a whole grain bun, seasoned peas, fruit and veggie bar, milk.

Holyoke Enterprise October 25, 2012